



## 8. CALL:

For Phone, OM calls "CQ YL," and YL calls "CQ contest."

For CW, OM calls "CQ YLO TEST," and YL calls "CQ YLY TEST."

## 9. CONTEST EXCHANGE:

JLRS member: RS(T) + serial number starting 5001

YL: RS(T) + serial number starting 2001

OM: RS(T) + serial number starting 001

*\*The serial number must be continued if you QSY to a different band.*

*\*Multiple contacts with the same station are allowed if they are on the different band.*

## 10. PROHIBITIONS:

Contacts on cross mode, cross band, via repeater, and operations by guest operators

## 11. POINTS:

OM: Contact with a JLRS member station counts 5 points,  
and a non-JLRS member YL station counts 1 point.

YL: Contact with a YL station counts 5 points, and an OM station counts 1 point.

## 12. MULTIPLIER: Prefixes on each band

## 13. TOTAL SCORE:

The final score is the result of the total QSO points on each band multiplied by the sum of total multipliers on each band.

## 14. LOG INSTRUCTIONS:

### 1) Paper log:

Use JARL format or Letter size summary sheet.

Use a separate log sheet for each band, and write prefixes as multipliers.

### Electronic log:

Use JARL SUMMARYSHEET VERSION=R1.0 for JA stations.

Use Cabrillo format for DX stations.

2) If you would like to receive a participant sticker, write the request in the comment section of your summary sheet.

3) Write your e-mail address for inquiries.

## 15. LOG SUBMISSION:

Send your contest log and summary sheet by postal mail to:

Michiko Matsuzaki, JI1SXB, 1-3-29, Sazu-machi, Chofu City, Tokyo, 182-0016,  
JAPAN.

Submission by e-mail is also accepted. Send them to: [ji1sxb.log\(at\)kpe.biglobe.ne.jp](mailto:ji1sxb.log(at)kpe.biglobe.ne.jp)

## 16. PRIZES:

- 1) Certificates are awarded to the 1st-, 2nd-, and 3rd-place winners in each category.
- 2) Participant sticker is issued to each category.

17. **INQUIRY:** Send email to [ji1sxb\(at\)jarl.com](mailto:ji1sxb(at)jarl.com)

18. **DEADLINE:** Log and summary sheet must be received by October 31, 2022.

## 19. RESULTS:

Results will be announced on JLRS website in December.

The result table will be mailed if asked with a SASE.



JARL-designated Contest Frequencies

Frequency	CW	Phone
1.9MHz	1.801 - 1.820MHz	(AM/SSB) 1.850 - 1.875MHz
3.5MHz	3.510 - 3.530MHz	(AM/SSB) 3.535 - 3.570MHz
7MHz	7.010 - 7.040MHz	(AM/SSB) 7.060 - 7.140MHz
14MHz	14.050 - 14.080MHz	(AM/SSB) 14.250 - 14.300MHz
21MHz	21.050 - 21.080MHz	(AM/SSB) 21.350 - 21.450MHz
28MHz	28.050 - 28.080MHz	(AM/SSB) 28.600 - 28.850MHz (FM) 29.200 - 29.300MHz
50MHz	50.050 - 50.090MHz	(AM/SSB) 50.350 - 51.000MHz (FM) 51.000 - 52.000MHz