



*Hina-Matsuri, or Doll Festival, is a famous traditional girls' festival on March 3 in Japan to celebrate the birth of a girl and to wish her future happiness. A set of dolls in ancient costumes is displayed in a girl's house.*

## The 23rd JLRS 3.3 Hina Contest

*\*New contest rules!*

1. **ORGANIZER:** Japan Ladies Radio Society (JLRS)
2. **OBJECTIVE:** For YL stations to promote active contacts and interaction with as many other stations as possible
3. **DATE:** Starts at 15:00UTC on March 2, 2026  
Ends at 15:00UTC March 3, 2026
4. **ELIGIBILITY:** All licensed male and female operators in the world  
Contacts with club stations and special stations are valid, but only individual stations are allowed to submit their logs.
5. **FREQUENCIES:** 1.9MHz – 1200MHz (Except WARC bands)  
Operations on 1.9MHz and up to 430MHz have to be within the contest frequency bands designated by JARL (See page 4).
6. **MODES:** Phone and CW only  
Changing modes is permitted on the same band.  
However, only one contact with the same station is effective on each band.
7. **CATEGORIES:**  
YL Category for YL Stations (Code: YL)  
OM Category for OM Stations (Code: OM)

## 8. CALL:

For Phone, call "CQ Hina Contest"

For CW, call "CQ HINA TEST" for OM

call "CQ HINAY TEST" for YL

*\*Please note that YL stations do not have to add "/YL"  
at the end of their callsigns.*

## 9. CONTEST EXCHANGE:

YL: RS(T) + YL (e.g. YL = 59YL or 599YL)

OM: RS(T) (e.g. OM = 59 or 599)

*OM – OM contacts for this contest are also valid.*

## 10. PROHIBITIONS: Contacts on cross-mode, cross-band, and via repeater

Operation by guest operators

## 11. POINTS:

Contact with a YL station counts 10 points.

Contact with an OM station counts 1 point.

## 12. TOTAL SCORE:

The final score is the result of the total QSO points on each band.

*\*No multipliers*

## 13. LOG INSTRUCTIONS:

1) Contacts with 1 or more YL stations must be included in the contest log for both the YL Category and OM Category.

*The log without it will be categorized as a checklog.*

2) Write your e-mail address for inquiries.

### Paper log:

Use JARL format or a letter-size summary sheet.

Use a separate log sheet for each band.

**Electronic log:**

Use JARL SUMMARYSHEET VERSION=1.0 for JA stations.

Use Cabrillo format for DX stations.

**14. PRIZES:**

Certificates and extra prizes are awarded to the 1st, 2nd, and 3rd place winners in each category.

☆ Special surprise winners will also be selected.

**15. LOG SUBMISSION:**

Send your contest log and summary sheet by postal mail to:

Michiko Nishiyama, 2176 Ogawa, Maki-ku, Joetsu City, Niigata Pref.,  
943-0648, JAPAN.

Submission by e-mail is also accepted. Send them to: jf0kyk (at) jarl.com.

\*The received log list will be put on our website below twice a week  
after the contest.

<https://www.jarl.com/jlrs/>

**16. INQUIRY:** Send e-mail to: jf0kyk (at) jarl.com.

**17. DEADLINE:** Log and summary sheet must be received by March 20, 2026.

**18. RESULTS:**

Results will be announced on the JLRS website in May 2026.

The result table will be mailed if asked with a SASE.

# JARL-designated Contest Frequencies

Frequency	CW	Phone
1.9MHz	1.801 - 1.820MHz	(AM/SSB) 1.850 - 1.875MHz
3.5MHz	3.510 - 3.530MHz	(AM/SSB) 3.535 - 3.570MHz
7MHz	7.010 - 7.040MHz	(AM/SSB) 7.060 - 7.140MHz
14MHz	14.050 - 14.080MHz	(AM/SSB) 14.250 - 14.300MHz
21MHz	21.050 - 21.080MHz	(AM/SSB) 21.350 - 21.450MHz
28MHz	28.050 - 28.080MHz	(AM/SSB) 28.600 - 28.850MHz (FM) 29.200 - 29.300MHz
50MHz	50.050 - 50.090MHz	(AM/SSB) 50.350 - 51.000MHz (FM) 51.000 - 52.000MHz